

**Nassau County Hub
at Sid Jacobson JCC**



In this recession, many of us find ourselves in need of support. UJA-Federation of NY's Connect to Care provides access to:

- Employment and career transition services
- Financial and legal consulting
- Supportive counseling and Jewish spiritual care

The Jewish community is here for you.

Email: Connect-to-care@sjjcc.org

LinkedIn Group:

Nassau County UJA-Federation's
Connect to Care

Website: sjjcc.org

Phone: 516-484-1545, ext. 212



BARRY AND FLORENCE
FRIEDBERG
JEWISH COMMUNITY CENTER



Preparing For Unemployment

Legal Options for Job Loss or Transition

Maria Shkolnik, Esq.
New York Legal Assistance Group

Learn what you should think about when a job loss is imminent.

The loss of a job can cause many hardships, including the loss of income and employer-provided health insurance. This workshop will present ways to address these issues.

Discuss:

Unemployment Benefits – who qualifies, how to apply, how to maintain benefits, and the new extensions

Health Insurance – COBRA and the various public health insurance options that are available

Severance Package – tips on how to negotiate a final cushion after a layoff

**At Sid Jacobson JCC, 300 Forest Drive, East Hills
Thursday, August 20, 7:00-8:30pm
FREE
Registration requested.**

**To register call the front desk at Sid Jacobson JCC 516.484.1545
For more information, call Beverly at Connect to Care,
Nassau County Hub at Sid Jacobson JCC 516.484.1545, ext. 212**